

Menos Dolor: una nueva campaña destinada a la visualización y reconocimiento del dolor en niños, niñas y adolescentes

Desde fines de 2019 en la Sociedad Uruguaya de Pediatría está trabajando el Comité para el Abordaje Multimodal del Dolor Pediátrico, integrado por personal de la salud de distintas especialidades que trata diariamente con niños, niñas y adolescentes que padecen situaciones dolorosas de diversa índole. Este año, el Comité presenta nuevamente una campaña de información para dar visibilidad y abordar un tema tan fundamental como postergado.

El objetivo es hacer que el dolor pediátrico sea visible y comprendido, ya que es un problema de salud pública y para ello es necesario progresar en su conocimiento, permitiendo que niños, niñas y adolescentes tengan una voz que sea escuchada. Y es que aún hoy, el dolor sigue siendo poco valorado y por lo tanto poco tratado, con las consecuencias que esto implica.

A pesar de que Uruguay cuenta con la mayoría de los medicamentos que la OMS refiere como esenciales, otros que se utilizan con frecuencia no se encuentran disponibles en la forma de presentación adecuada para niños. Por eso es importante involucrar a toda la población en el tema, realizar campañas de concientización e involucrar a todas las sociedades científicas.

En tal sentido, estamos lanzando por segundo año la campaña que busca presentar información y ayudar a entender la temática. Mediante una serie de placas informativas que estaremos compartiendo en redes sociales buscamos que toda la población, incluidos los equipos de salud, conozcan una realidad que muchas veces no es visibilizada, y de esa forma, entre todos podamos lograr un cambio.

La campaña se podrá seguir en las cuentas institucionales de la SUP en redes sociales (Twitter, Facebook e Instagram) y quien quiera se podrá sumar con comentarios o consultas. La etiqueta que se va a utilizar será #MenosDolor. ¡Los invitamos a participar!

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